<u>Davidson</u> County Community Resource Guide

Child Services

Lentz Health Center	2500 Charlotte Ave.	(615) 340-5616	The mission of the Metro Public Health Department is to protect, improve and sustain the health and well-being of all people in Metropolitan Nashville. Open 8am-4:30pm
Davidson DHS	1000 2 nd Ave.	(615) 532-4000	Services Metro Davidson County residence, provides health insurance, food stamps and family first. https://faonlineapp.dhs.tn.gov/
Dept. of Children's Services	200 Athens Way	(615) 360-4200	Family & Children's Service (FCS) serves all people in crisis and transition by meeting them where they are, understanding their needs, and connecting them to the resources they need. FCS often 'fills in the gaps' in social services, creating a safety net to ensure that all children and families can be safe and healthy.
Davidson Co. Child Support	44 Vantage Way	(615) 726-0530	http://www.tn.gov/humanservices/ topic/child-support-services
YMCA Reach and Rise Mentoring	3700 Ashland City Hwy	(615) 255-9622	https://www.ymcasf.org/programs/ reach-and-rise-mentoring-urban- services
Big Brothers Big Sisters of Nashville	1704 Charlotte Ave. Suite 130	(615) 329-9191	Big Brothers Big Sisters is providing children facing adversity with strong and enduring, professionally supported one-to-

			one relationships that change their lives for the better, forever. http://www.mentorakid.org/site/c.fl KYIcOSIiJ6H/b.9192325/k.BDF6/ Home.htm
Boy Scouts of America	1704 Charlotte Avenue Suite 200	(615) 983-6836	As a Girl Scout, you'll always be trying new things, and learning there's hundreds of small, powerful ways you can take the lead every single day. You could build a robot, create your own work of art, or climb a wall in the great outdoors. Every time you try something new, you'll discover you can do more than you ever thought possible. Plus, you'll have a ton of fun every step of the way. http://www.girlscouts.org/en/forgirls.html Accepts K- High School
Foster Grandparents Program Fifty Forward	174 Raines Ave.	(615) 743-3420	As a FiftyForward Foster Grandparent, you're a role model, a mentor and a friend. Serving at a local school or child learning center, you help children learn to read, provide one-on-one tutoring and guide children at a critical time in their lives.
Bethlehem Center of Nashville	1417 Charlotte Ave.	(615) 329-3386	
Martha O'Bryan Center	711 South 7 th Street	(615) 254-1719	
Youth CAN	1704 Charlotte Ave.	(615) 850-3921	
Boy Scots of America			The mission of the Middle

			Tennessee, Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetime. http://mtcbsa.org/Parents/scout/a boutus/index.html
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Clothing

Ladies of Charities	2212 State Street	(615) 862-8860	Sale of gently used clothing.
Adventist Community Services	403 Gallatin Pike South	(615) 860-6001	Provides emergency assistance for families and individuals in Davidson County and Hendersonville, Tennessee. Assistance is provided on a first come basis during the hours our Help Department is open. Clients must provide required documentation. Additional information is available by calling 615.860.6001.
Catholic Charities	2209 Buchanan Street	(615) 242-1554	Assist North Nashville area, with bills and food, must have a lease, ID, SS cards for all on the lease. Free food box given every 3 months, however on Saturday only, no ID required for food box from 9am to 1pm.
East Nashville Cooperative Ministry	3115 Gallatin Pike, 37216	(615) 540-0122	Provide food and clothing, must have SS, ID, mail showing address. Open M-W 10am-2:45pm, Thur. 1pm-5:45pm. Services all zip codes.
Bridge Ministry	P. O. Box 463 Goodlettsville, TN 37070	(615) 855-2611	Hot meals on Tuesday night from 5:30 pm to 7:30 pm under the Jefferson Street 8 th Ave side Bridge, grocery and clothing give away. Live music and speaking.

Counseling/Mental Health

Centerstone	1921 Ransom Place	(615) 279-6700	Services children, teens, and adults with mental health issues
Mobile Crisis	275 Cumberland	(855-274-7471)	Mobile Crisis Services is a 24/7/365 response team for those who are experiencing a mental health emergency.
Mental Health Cooperative	275 Cumberland	(615) 726-3340	Services anyone who walks through the doors.

Court/Legal

Vanderbilt Legal Clinic	131 21st Ave North S# 119	(615) 322-4964	Free legal representation for indigent victims of domestic violence.
Legal Aid of Middle TN	300 Deaderick St.	(615) 244-6610	Provides free legal services to people with low income. We do not take criminal cases. We only do civil cases – cases where you yourself will not be sent to jail. Open 8am-4:30pm

Daycares

Creative Academy of Nashville	2600 Heiman St.	(615) 254-9845	
Hart To Heart Learning Daycare	1244 2 nd Ave South	(615) 244-7763	
Bundles of Joy	1030 Maxwell Ave.	(615) 227-2808	
Davidson Child Care listings by county and zip codes.			Child care for Davidson County listed by zip codes http://www.tn.gov/accweb/faces/stateMapPa ge.jsp;jsessionid=4FE8C786D4ED72AF4F2 FD209175CEE40

Disaster Relief

Red Cross	2201 Charlotte Ave.	(615) 880-3000	Service individuals affected by flood, tornado, hurricane, fire or any other disaster. Open 24/7
Tennessee Emergency Management	3041 Sidco Dr.	(615) 741-0001	Application for Disaster Assistance ReadyTN http://www.tnema.org/about/index.html

Domestic Violence

Metro Nashville Domestic Violence Division	811 2nd Ave S.	615-880-3000	Call 615-880-3000 8 a.m10 p.m., 615-862- 8600 after 10 p.m. or call 911
Tennessee Coalition to End Domestic Violence	2 International Plaza Suite 465	(615) 386-9406	http://www.tncoalition.org/our-work
YWCA	1608 Woodmont Blvd	(615) 269-9922	The YWCA empowers domestic violence survivors to take control of their lives, while offering them safety and the resources to ensure their self-sufficiency.

Drug and Alcohol Awareness/Rehab

Alcoholics Anonymous	417 Welshwood Dr. Suite 207	(615) 832-1136 B (615) 831 -1050 Hotline	Membership is free, The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.
Meharry Medical College Alcohol and Drug Abuse Program	1820 Albion Street	(615) 327 6704	Provides mental health and rehabilitation services that include, but are not limited to: Addiction treatment Detoxification Outpatient, inpatient, and residential services Groups for adolescents, persons with co- occurring mental and substance use disorders, pregnant and postpartum women, women, and men.
Middle TN Treatment Center	2410 Charlotte Ave	(615) 321-2575	

Narcotics Anonymous		1 (888) 476-2482	Membership is free, The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.
Renewal House	P O Box 280356	(615) 255-5222	Renewal House provides Nashville's first, largest and most comprehensive residential recovery program for addicted women and their children allowing families to restore, renew, and recover their lives together.

Education (Child & Continuing)

Bass Adult High School (GED)	5200 Delaware Street	(615) 298-3278	We offer three schools: Adult High School, Alternative High School and Transition School.
Martha O'Bryan Center (GED)	7111 South Seventh	(615) 254-1791	Services offered, early learning, K-8, high school, and college and career.
YWCA (GED)	1608 Woodmont Blvd	(615) 269-9922	Open 8 am to 5pm, Adult Ed (GED) Family Literacy Center
Boys and Girls Club Tutoring	1704 Charlotte Ave	(615) 983-6836	
Head Start	1624 5th Ave N, Nashville	(615) 862-8860	
Metro Nashville Public Schools	2601 Bransford Ave,	(615) 259-4636	

Employment

Foster Street Community Career	302 Foster St.	(615) -736-5904	Family enrichment (family and community
Center			engagement workshops to fit your needs),

			college and career readiness (college applications, FAFSA, and scholarship help), personal development (resume writing, job readiness, interview/computer skills), GED classes, workforce development (job searches, applications, and job board), Financial Empowerment Center referrals (help with credit score and banking account), health and wellness
Social Security Administration	120 Athens Way.	(877) 808-5461	

Vocational Rehab	400 Deaderick St #2	(615) 313-4700	Services program, which includes determination of eligibility, determination of the nature and scope of VR services and the provision of employment-focused rehabilitation services for individuals with disabilities consistent with their strengths, priorities and resources the provision of employment-focused rehabilitation services for individuals with disabilities consistent with their strengths, priorities and resources
Nashville Career Advancement Center	665 Mainstream Dr.	(615) 253-8920	The Nashville Career Advancement Center works with individuals to explore career options, decide on a direction, target a career or industry, then strategize and market oneself for the job search.

Food

Second Harvest Backpack	331 Great Circle Road.	(615) 329-3491	The BackPack Program meets the needs of hungry children by providing them with nutritious and easy-to-prepare food to take home on weekends and school vacations when other resources are not available.
Fifty Forward Meals on Wheels	7401 Highway 70 South	(615) 646-9828	FiftyForward Meals on Wheels provides a tasty, nutritional meal for those who are unable to prepare meals on their own due to health and/or physical limitations.
St Luke Community House Mobile Meals	5601 New York Ave	(615) 350-1142	Provides lunch delivery Monday through Friday for low-income or homebound seniors and/or adults with disabilities. Mobile Meals serves parts of 37209 zip code.

TN Dept. of Health Senior Farmers Market Nutrition Program	710 James Robertson Parkway 8 th Floor	(800) 342-5942	Nutrition Related public assistance programs, food vouchers, Commodity Supplemental Food Program.
TN Dept. of Health (WIC)	710 James Robertson	(800) 342-5942	Formula/Baby Food, (WIC)
Second Harvest St. Luke	5601 New York Ave.	(615) 350-7893	Mon-Fri 9am -1:30pm
Second Harvest Community Care Fellowship	511 South 8 th Street	(615) 227-1953	Mon-Fri 9am-3pm; Sun 12:30-1:30pm
Second Harvest Provison Ministries	1419 Clinton Street	(615) 327-1200	Thurs 5:30 pm; 4 th Fri :30pm
Watkins Park Community Center	616 17 th Ave. North	(615) 862-8468	Wed 11am -2 pm

Housing

MDHA	701 South 6 th Street	(615) 252-8400	http://www.nashville-mdha.org/
Urban Solutions	822 Woodlawn St.	(615) 726-2696	http://urbanhousingsolutions.org/
THDA	502 Deaderick St. Third Floor	(615) 815-2200	As Tennessee's housing finance agency, the Tennessee Housing Development Agency (THDA) provides fixed rate mortgage loans for first-time homebuyers, promotes the production of new affordable housing units for households of very low to moderate-income, promotes the preservation and rehabilitation of existing housing units for such persons, and brings greater stability to the residential construction industry and related industries so as to assure a steady flow of housing production.

Medical

Matthew Walker Clinic	1035 14 th Ave. North	(615) 327-9400	(MWCHC) is community based and focuses on comprehensive primary care programs for residents in Davidson County and the surrounding counties of Middle Tennessee. We provide medical care to patients from the prenatal stage through geriatrics. Dental care is provided from pre-school age through geriatrics. Our medical and dental staff employs a team concept to provide patients with a comprehensive approach to improved health.
Siloam Family Health Center	820 Gale Lane	(615) 298-5406	Last 3 pay stubs of each employed family member's paycheck If you are paid in cash, a letter (on Siloam letterhead) from your employer stating your monthly income Award letter of your Food Stamps benefit Award letter of your Social Security benefit Award letter from your Unemployment Services Income Tax return from the previous year
Lentz Health Center	2500 Charlotte Ave.	(615) 340-5616	

Military and Veteran

Veteran's Community Services Health	1125 12 th Ave. South	(615) 248-1981	8 am – 4:30pm Provides a wide range of
Operation Stand Down			supportive services for Veterans and their
			families throughout Tennessee—all at no

			cost to them. OSDTN provides transitional housing, VA benefits counseling, employment services, and homelessness prevention to Veterans and their families.
TN Department of Veterans Affairs	312 Rosa L. Parks Ave	(615) 741-2931	To serve as an effective and efficient conduit for Veterans of all eras to connect with resources and services that improve their quality of life, access to education, business resources and high quality jobs See more at: http://www.tn.gov/veteran/topic/mission#sthash. CTcsU7or.dpuf
VA Medical Center	1310 24th Ave. South	(615) 327-4751	Hours 8am-4pm
TVHS Mental Health Clinic (Nashville) PTSD Clinic	1310 24th Avenue South	(615) 873-7450	http://www.tennesseevalley.va.gov/services/ Mental_Health.asp

Shelter

Nashville Rescue Mission (Men)	639 Lafayette Street	(615) 255-2475	
Nashville Rescue Mission (Women)	1716 Rosa L. Parks	(615) 312-1574	
Room In The Inn	705 Drexel Street	(615) 251-9791	
Safe Haven Family Shelter	1234 3rd Ave S.	(615) 256-8195	

Financial Counseling

Nashville Financial Empowerment Center	298 Foster Street	(615) 748-3620	
Apprisen	1101 Kermit Dr. Ste. 204	(615) 777-3404	

Transportation

Metro Transit Authority	400 Charlotte Avenue	615) 862-5950	
Greyhound	709 5 th Ave.	(615) 255-3556	
Travelers Aid (Nashville Rescue Mission	639 Lafayette Street	(615) 255-2475	

Non-English Speaking

Office of English Learner LEGAL ASSISTANCE	615 Fessey Park Road	(615) 259-3282 ext. 858256.	
REFUGEE PARENT ORIENTATIONS Highlands Apartments, Building E	4646 Nolensville Pike	(615) 259-3282 ext. 858256.	
INTERNATIONAL FAMILY WELCOME CENTERS	Global Mall 5252 Hickory Hollow Parkway	(615) 726-5968	

Low Cost Banking

First Tennessee Bank	23 White Bridge Road	(615) 356-4869	
FSNB	7044 Charlotte Pike	800-749-4583	Hours 9am-7pm No credit check

Utilities/Phone

Metro Social Services 800 2 Ave. North (615) 862-6400 Services provided to Davidson County residence Mon-Fri 8am-3pm, offering
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			homeless, bus passes, nutrition, children homemaker services, burial cremation services.
Ladies of Charities	2216 State St, Nashville	(615) 327-3453	Clothing sales at discounted prices.
Metro Action Commission	800 2 Ave. North	(615) 862-8860	
Assurance Wireless		1-888-898-4888	
SafeLink Wireless Service		1-800-723-3546	